



### Which Oil?

Now here is a most useful book for all of us who drive older cars and who are perhaps confused about the correct choice of oil. "Which Oil?" by Richard Michell sets out to dispel the myths and misconceptions about the plethora of oils available on market today we should use in a classic car like an MGBGTV8 or MGRV8 with a Rover V8 engine.

Starting with a Brief history in

Time as applied to the motor car, with discussion on what and why the manufacturers recommended particular oils when the cars were new, then moving on to a comprehensive explanation of how oil works, the author moves diligently through to a method for deducing which of the huge selection of oils available to us today we might safely use in our car without causing any harm. The chapter on choosing the correct oil requires careful study, but will reward you with a safe solution, and there are checks to make sure that you got it right.

As a chemical engineer with the responsibility for formulating oils while working for an oil manufacturer and an owner of a number of classic cars, Richard Michell is an authoritative voice on a difficult subject and discusses the heretofore mysterious subjects of viscosity, shear strength and many other matters that we ought to be more familiar with but are frequently not.

Additional chapters on the correct choice of oils for transmissions, both automatic and manual as well as differentials make this book a must for anyone wanting to get the best from his car by the use of modern, and thus much improved oils. There is also serious discussion of why we must avoid differentials and synchromesh certain types of oil in particular

applications such as limited slip gearboxes with yellow metal components. There is even a chapter on the correct choice of grease for wheel bearings and chassis components.

His comments on starting and running engines of infrequently used cars are contrary to what many owners do, but accord exactly with the practice I have always followed, starting up less often and when you do, not to allow it to idle, but drive it for long enough to ensure that the oil reaches a high enough temperature to disperse water and minimize fuel wash down into the lubricating oil. I think that driving for at least 10 miles is probably the minimum in cooler weather.

I believe this book is particularly good value at £14.99 from Veloce and would make a good birthday present or a great addition to the Christmas stocking.

Available as a 128 page paperback with 34 pictures or as an e-book. ISBN: 978-1-845843-65-6

For more on the book (including some copies of key pages like a decision tree for choosing lubricants for your car) and the author, see the Veloce website at: <https://www.veloce.co.uk/store/Which-Oil-p135968589>

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